

FIELD ITINERARY: EXAMPLE 2

Index

Important travel notes
Stuff to pack each day
Group Equipment
Itinerary

IMPORTANT TRAVEL NOTES:

IN THE US after you check in, **SAVE YOUR BAGGAGE TAGS** somewhere safe. You will need them in Quito to get your bags.

Read this ENTIRE ITINERARY NOW and then each night in Ecuador, re-read what's coming the next day. Be a clued-in traveler.

READ THIS NEXT PART IN RED SEVERAL TIMES until you have absorbed it completely and it has become part of your being. It's all really important. Especially the bit about tap water and saving your baggage tags and immigration paper.

Upon arrival in Quito, you must do the following:

1. Fill out the form they give you on the plane. Be sure to list it as a TOURIST activity, not school or business or anything else.
2. First you will go through **immigration**. They will give you a FORM (if they don't, ask for one) that you **MUST SAVE** to exit Ecuador. Put it in a safe place that will be safe the whole trip.
3. Then you will pick up your bags. If they don't arrive, go to the desk of your airline and let them know ASAP, tell them my cell phone number and tell them that you are with ECUADOR JOURNEYS travel agency.
4. Then you go through customs, where they will probably just wave you and your bags through. They may search you, but just let them.
5. **Then one last guy stops you and asks for your baggage check tag, which he has to peel off and keep along with the tag on your baggage itself. They won't let you out without it.**
6. Once you emerge, do two things: a) **KEEP YOUR BAGS CLOSE TO YOU AT ALL TIMES** (esp. any small bags; keep your valuables on your person and never ever leave a bag sitting anywhere unattended anywhere in the airport); and b) look for someone with a sign for you that says **Colgate University**, (you can ask if they are with Ecuador Journeys, the travel agency meeting us). They will take you to the hostel directly, you don't have to pay anything but you can tip the driver \$1 if you like.
7. If you are in town early enough for dinner, there are lots of places around the hotel. It is a tourist area, but you should once again keep close track of any valuables you have on your while you're out on the street (avoid carrying

camera bags or anything major that isn't well connected to you), don't carry a lot of cash on you, and don't do anything stupid. Just be alert.

8. **Don't drink any tapwater anywhere in Ecuador. Don't brush your teeth in it, but you can shower/wash in it just fine.** There will be bottled water for you at the hostel I'm sure, and if not, ask to buy some from the hotel people or go to a little store down the street (there are tons) and get some. Also avoid eating any uncooked vegetables unless you have an iron stomach like Rader does (so you might not want to follow her dietary lead...).
9. **We are leaving at 8:15 AM from the hostel lobby, be packed up and ready to leave for the next place, leave nothing behind, but pack a daypack with stuff for the day's activities. We'll be buying lunch at a restaurant or market midday.**

STUFF TO PACK EACH DAY:

Rain coat

Rain pants

Hat

Sunscreen/ Sunglasses

Water (there will always be water on the bus)

Bagged lunch (we'll always pick those up at each hotel that AM)

Hiking shoes/boots

Pen/pencils

Field book

Field guide

Wear clothes that can get dirty and that you can layer according to temperature changes

Some cash

We will probably store all your passports in a lock box at each hotel so you don't have to carry those.

Other stuff you might like, including camera

Toilet Paper (a stockpile of the white stuff will be available on the bus)

GROUP EQUIPMENT

White Board/ Markers

Hard Hats

Trowels

Maps

Assignments

Field guides

Laptop

Projector

ITINERARY

Day 1:

Arrival in Quito.

Transfers for all students to the Hostal Alcala

Phone: (593-2) 222-7396

URL: <http://www.alcalahostal.com/>

Corner of Cordero and Juan Leon Mera streets

Students on their own for dinner and late night activities, according to their arrival times.

Day 2:

Breakfast at Hostal Alcala on your own, ask at the lobby for where it is in the hotel or (more likely) follow the noise.

0845h: Meet in lobby, all packed for immediate departure. You should have eaten breakfast by now.

Teleferico (gondola ride up above Quito to see the city)

Pululahua volcano, learning to distinguish pyroclastic flow and fall deposits and reconstructing history of the volcano.

Day 3:

0730h: Be packed (all your stuff) and in the lobby ready to go, breakfast eaten.

Drive to Cotopaxi National Park.

Investigation of ashfall deposits, lahars, pyroclastic flows.

Stops en route:

i. Quebrada Agualongo: Ashfall deposits and small secondary lahars

ii. Lahar plains in front of Limpiopungo

Dinner & lodging at Tambopaxi (bunk rooms)

Phone: (593-99) 448-223

URL: <http://www.tambopaxi.com/>

Presentation in evening by world famous volcanologist on Andean volcanoes.

2100h: lights out at 21:00; it's for the people climbing the next day so we have to comply

Day 4:

0830h: Be packed (everything) and ready to go, breakfast eaten by now.

Day in Cotopaxi National Park, including climb to Refugio at 16,000 ft.

Sunglasses and sunscreen a must.

Drive to Baños area, possible stop at Tungurahua Volcano Observatory en route.

Other possible stops:

i. Cutuchu Quarries: Cotopaxi lahar deposits exposed

ii. 200,000 year old Chalupas Caldera Deposits: quarry before Latacunga

Dinner & lodging at Hosteria Viña del Rio:

Phone: (593-3) 287-0139

URL: <http://www.hosteriavinadelrio.com/es/indexIntro.php>

Presentation in evening on Tungurahua volcano by another world famous volcanologist.

Day 5:

0830h: Be packed (everything, with backpack because we are biking today) and ready to go, breakfast eaten by now.

Bike ride to see pyroclastic flows from 2006 and 2007. Possible isopleths map construction.

Dinner & lodging at Hosteria Viña del Rio.

Presentation in evening on seismology by a future world famous volcanologist.

Day 6:

Departure times TBA. Pack luggage to leave hotel.

Free day activities in Baños area.

Afternoon: drive to Lloa (Guagua Pichincha area).

Dinner & lodging at Casa y Campo

Phone: (593-2) 265-0849 or (593-98)154-489

Day 7:

0500h (!): Early AM pickup with bicycles to refugio on Guagua Pichincha (packed and ready to go; bags should be packed as well for departure from hotel).

Hazard mapping at Guagua Pichincha.

Bike ride down the flanks.

Drive to Quito.

Stay at Hostal Alcala.

Dinner on your own in Quito.

1900h: Salsa lesson in Quito

Ritmo Tropical

Amazonas, 24-157 y Calama 2nd Floor

593-2-2557-094

ritmotropical5@hotmail.com

Contact: Aracely Beltrán

Day 8:

0830h: If you are leaving Quito tonight, bags should be packed and moved out of the rooms. Be packed for day trip and have eaten breakfast by departure time.

Day trip to Otavalo area. Lots of opportunities for geology stops and for tourist stops (it's a famous market town, so do your souvenir shopping here).

Option for people staying through Sunday:

a) overnight at Arco Iris, area with hot springs N of Otavalo

b) Sunday day trip to Cloud Forest (with zip lines)

Transfers out for people leaving tonight.

Day 9:

Transfers out for remaining group

Tour Includes:

Private transportation through out the trip.

4WD to Guagua Pichincha

2 Smaller buses for Pululahua

All Transfers In & Out

Guide to enter Cotopaxi National Park (by law)

Entrance fees for Guagua Pichincha, Colonial Quito and Teleférico (Express Gondola)

Mountain bikes for both days (Guagua Pichincha & Baños) with back up transportation

Lodging in Mariscal area (Hostal Alcala)

Lodging in mentioned hotels (Shared lodging)

Mentioned meals & activities (Complete flexibility with stops & schedule)

Meals & Lodging free for 2 directors in Private room (where possible)

All local taxes

Tour doesn't Include:

Cotopaxi Entrance fees (\$10)

Pululahua Entrance fees (\$5)

Other Entrance fees (+/- \$5)

Anything not mentioned in the itinerary

Any extra activities (Baños)

Tips and personal spending